



Buffalo United Methodist Women's Retreat



Caring for Creation and for Ourselves

April 24-26, 2020
Camp Koinonia
7768 Pilger Ave NW, South Haven
888-801-7746

Refresh your soul...revitalize your faith...

A ministry of
Buffalo United Methodist Church.
Call 763-682-3538 if you have questions

Theme:

Caring for Creation and for Ourselves

Leadership by:

Main Presenter: Carla Urban, Park UMC EarthKeepers

BUMC Contacts: Glenda Vidmar, Rita Varner-Otness, Pam Sieberg, Tracy Daleiden, Sheryl Lehman

Retreat Costs:

Registration: \$150, which includes two-night stay in a shared room, bedding, towel, washcloth, 4 meals/1 snack

Partial scholarships are available. Please don't stay home due to cost! For scholarship information, contact Laurie Schroeder at 763-682-3538.

Timeframe:

We will make carpool arrangements based on people's schedules, with cars leaving church Friday between 4:30 - 6:30 p.m. We would like all people to arrive by 7 p.m. Return to church approximately mid-morning on Sunday. (Note if you are a Sunday School teacher feel free to leave after Sunday breakfast and you will still be back to church in time for your class.)

Special Features:

Breakout sessions will include a variety of options - hand/foot massage, jewelry making, planting flowers, making recipe books, DIY cleaning products. We will be asking each lady to submit a healthy recipe that we will share with all.

Participation in all activities is optional if you prefer to relax! There is a sauna so bring swimsuits and towels.

What to Bring:

Bible, games, movies, snacks, personal water bottle
Personal toiletries

Keep this half for your information

Women's Retreat Registration

Please register as early as possible! **DUE BY APRIL 5**

Name _____

Address _____

Phone _____

E-Mail _____

____ Sign me up! My registration fee of \$150 is attached

____ I would like to attend, and have attached a partial payment, but could use some scholarship help.

____ I need to have a private room.

I would like to share a room with _____

Please list any dietary concerns _____

If you might be interested in helping with any retreat planning, these are options:

____ I will help to plan the retreat's worship service

____ I will help co-lead a breakout session

____ I am willing to donate \$_____ toward scholarship funding if needed in order for someone to attend.

Complete this registration form and return with payment to the church office ASAP (payable to Buffalo UMC)

Return this half to the church office